

## Club Ethos and Crews

Written by Martin Green

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X-Press is a socially minded but very competitive boat club specialising in adult rowing, based on the river Cam in Cambridge, UK. The club equipment and boats are kept and maintained at CRA boat house. The club has five Vllls, two IVs, a quad, one pair, two doubles and several sculls.

There are club members from novice through to very experienced, and many members hold BR points. The club has recently won masters events at the National championships and at regional regattas.

Originally formed by Chris and Debbie Lloyd of the Free Press Public House as Free Press Boat Club, the club moved to 'The Blue' (The Cambridge Blue pub, on Gwydir Street in Cambridge) in 2002 and changed its name to X-Press Boat Club. In 2007 Chris and Debbie retired from the Blue and at present the club meets at various venues around Cambridge. The club enters most on-Cam events and several off-Cam events during the year. The boat club has links with the Aniene BC and Tre Ponte in Italy, and, together with the City BC, organises the Winter League series in Cambridge as well as its own head race in the summer.

The Club abides by the BR Water Safety code where applicable and allows rowing at night following the club safety policy. Prospective members must be able to swim at least 100 meters in light clothing and attest to a health statement.

Find out more by contacting the crew captains:

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